

## Dr. Legaspi Lesson 1

**If we accept the adage that "life is a journey," what is the end of our destination, and what implications does that have for our lives now?**

Two illustrations for reflection

- In this day and age, we have all used a GPS, probably on our cell phones, at some point. If we are unfamiliar with our destination, we might depend completely on the GPS and not question its judgment as it leads us on. However, we have probably all had the experience of using a GPS to go to a destination with which we are somewhat familiar. In this case, it is not uncommon to become more skeptical of this or that turn the GPS tells us to take. "That can't be right," we say to ourselves. "This way will be much quicker."
- We've probably all seen at some point a line of ants on the ground or on a tree, each following the one in front in single file. In fact, ants are wired this way, to follow the ant in front of them. This usually works out generally well, except in some situations where the ants somehow get themselves into a circle. Known as the "ant death spiral," each ant faithfully follows the ant in front of it in an endless circle until they all die.

1. Where am I going in life?

2. Fill in the points Dr. Legaspi makes in his lecture

a. The Christian life is a \_\_\_\_\_ life; it is a life characterized by \_\_\_\_\_.

b. According to St. Maximos the Confessor, life is characterized by three components: \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_.

c. The Bible is a text, but is an \_\_\_\_\_ text. When the Scripture is read, \_\_\_\_\_ am being addressed; \_\_\_\_\_ am being guided.

d. The Scriptures address us \_\_\_\_\_ and \_\_\_\_\_, so that we might lead a \_\_\_\_\_-shaped life.

3. How does the Bible serve as a guide in our journey through life? Are there times when, as in our first image of the GPS system given above, we have ignored the guidance of the Bible and followed our own judgment instead?

**4.** Think about our second image above of the "ant death spiral." What does this tell us about seeking wise guidance on a journey? How does this apply to Dr. Legaspi's talk?

**5.** Have you ever experienced the Bible (through hearing it in Church or reading it) as giving you wise guidance for your life? If so, how?